

NASSAU COUNTY

Section 1

Baldwin
Cedarhurst
Hewlett
Inwood
Lawrence
Long Beach
Lynbrook
Oceanside
Rockville Centre
Valley Stream
Woodmere

Section 2

Hempstead
West Hempstead

Section 3

Bethpage
East Meadow
Elmont
Farmingdale
Uniondale
Levittown
Mineola
Garden City
New Hyde Park

SUFFOLK COUNTY

Section 4

Freeport
Bellmore
Massapequa
Merrick
North Massapequa
Roosevelt
Seaford

Section 5

Bayville
Glen Cove
Great Neck
Manhasset
Oyster Bay
Port Washington
Syosset
Westbury
Hicksville
Plainview
Roslyn Heights

Section 6

Amityville
Babylon
Bay Shore
Brentwood
Copiague
Deer Park
Islip
Lindenhurst
North Babylon
North Bay Shore
West Babylon
West Islip
Wyandanch

Section 7

Bellport
Blue Point
Bohemia
Central Islip
East Patchogue
East Islip
Holbrook
Holtsville
Islip Terrace
Medford
Oakdale
Patchogue
Sayville
Islandia

Section 8

Bridgehampton
Center Moriches
East Hampton
East Moriches
Hampton Bays
Mastic
Mastic Beach
Montauk
Sag Harbor
Shirley
Southampton
Wainscott

SUFFOLK COUNTY (CONTINUED)

Section 9

Commack
Dix Hills
East Northport
Hauppauge
Huntington
Huntington Station
Kings Park
Lake Grove
Lake Ronkonkoma
Melville
Nesconset
Northport
Ronkonkoma
St. James
Smithtown

Section 10

Centereach
Coram
East Setauket
Farmingville
Middle Island
Mount Sinai
Port Jefferson
Port Jefferson Station
Ridge
Rocky Point
Selden
Setauket
Sound Beach
Stony Brook

Section 11

Aquebogue
Calverton
Cutchoke
Greenport
Manorville
Mattituck
Wading River
Southold
Flanders
Riverhead
Yaphank

**Long Island Cares – The Harry Chapin Food Bank
Delivery Calendar**

MARCH 2023

SUN	MON	TUE	WED	THU	FRI	SAT
			1 SECTION 2	2 SECTION 3	3 SECTION 4	4
5	6 SECTION 5	7 SECTION 6	8 SECTION 7	9 SECTION 8	10 SECTION 9	11
12	13 SECTION 10	14 SECTION 11	15 SECTION 1	16 SECTION 2	17 SECTION 3	18
19	20 SECTION 4	21 SECTION 5	22 SECTION 6	23 SECTION 7	24 SECTION 8	25
26	27 SECTION 9	28 SECTION 10	29 SECTION 11	30 SECTION 1	31 SECTION 2	

**NOTE: SUBJECT TO CHANGE!
CHECK ON-LINE FOR LATEST UPDATES.**

www.licares.org